

## **Packing List**

1. **Passport**
2. One Suitcase (Medium in size)
3. One Carry on (small backpack)

## **Work**

4. 3 Scrub pants (lightweight hospital clothes...perfect for heat)
5. 4 t-shirts (must have sleeves, and no rips)
6. Bandana
7. Sunscreen
8. Work Gloves (with rubber hands)
9. Water Bottle
10. Knee High Rubber Boots
11. Socks

## **Play**

12. 4 knee length Shorts
13. 4 modest shirts
14. Modest swimsuit (no 2 piece)
15. Shoes (tennis shoes and sandals)
16. Personal items, toothbrush, shampoo, deodorant, etc.
17. Bible (not phone app, a real Bible), pen & journal
18. Camera
19. Bug repellent
20. Flashlight
21. PJs
22. Towel
23. Spending money (minimum \$75.00)

## **Church**

### **Boys**

24. Button up shirt
25. Long pants (not jeans)

### **Girls**

26. Shirt with sleeves and skirt or dress (with sleeves)

## **What Not to Pack!!**

1. Extra Clothes – (We are going on a mission trip, our goal is to live in their culture for a few days, not to Americanize our time by taking the comforts of life with us. These people have the same outfit to wear every day.)
2. Your boyfriend or girlfriend – (Meaning, no Public Display of Affection. If you have a girlfriend or boyfriend, we ask you to act as if you didn't on this trip.)
3. Earrings (Sensitive culture issue.)
4. Tank-tops (Sensitive culture issue.)
5. MP3 player/disc-man
6. Game-Boy/PSP...
7. Curling-Iron/Blow-Dryer
8. Figure out a way to cover tattoos. (Sensitive culture issue.)